

**EXPOHEALTH premeeting symposium, 1-2 June 2026**

The EXPOHEALTH premeeting symposium will take place at the Max Planck Institute for Chemistry at The Johannes Gutenberg University campus in Mainz. The symposium is dedicated to provide an in-depth overview on the health impact of environmental exposures such as air pollution, traffic noise, climate hazards (e.g. non-optimal temperatures) and chemical pollutants. On the first symposium day an appreciable number of experts will bring together redox biology and environmental exposure pathomechanisms as well as mitigation strategies against inflicted damage but there will be also “Looking beyond One's Own Nose” lectures on geo-coding, computational approaches and epidemiological considerations providing a valuable overview for those students and postdoctoral fellows who are not yet decided in which field they plan their careers. On the second symposium day experts will present the local excellence research structures and institutes covering most important clinical and basic science disciplines. Also these lectures will represent an excellent overview on the translational research landscape in Mainz for the students and postdoctoral fellows. The second day will end with a basic science session on resilience and stress adaptation, a central topic in mitigation of harmful exposures and lifestyle risks. The chairs of the sessions and the audience are invited to direct discussions towards redox biology and environmental/lifestyle risks.

A total of 50-60 students on a first come-first serve basis and postdoctoral fellows can register plus the 32 invited speakers. All coffee breaks and lunch buffets will be included for the registered participants. The get-together “Funzelfahrt”, a very special and local-traditional experience (a vineyard tractor tour with wine tasting and brown-bag lunch – see images below), is available for a limited number of 60 participants (up to 48 students and postdoctoral fellows on a first come-first serve basis plus 12 invited speakers).



Funzelfahrt 2025, Daiber lab team